15th Annual Alumni Update Course
with nationally recognized faculty
in a new location for 2017

Friday, April 7, 2017
In Conjunction with Reunion Weekend

Held on the Medical College of Virginia Campus
In the new VCU Children’s Pavilion
1000 East Broad Street
Richmond, VA 23219

Hosted By
VCU School of Medicine Alumni and Development Office

Earn CME credits * Reconnect with your classmates * Revisit the MCV Campus
FACULTY
VCU Health, Medical College of Virginia Campus
Richmond, VA

Kelley Dodson, MD
Associate Professor and
Residency Program Director
Department of Otolaryngology - Head & Neck Surgery

Nicole Karjane, MD
Associate Professor and
Residency Program Director
Department of Obstetrics and Gynecology

Steve Kates, MD
Professor and the John A. Cardea Chair
Department of Orthopaedic Surgery

Anton Kuzel, MD, MHPE
Harris-Mayo Distinguished Professor and Chair
Department of Family Medicine and Population Health

James Levenson, MD
Rhona Arenstein Professor of Psychiatry and Chair
Department of Psychiatry/Consultation Liaison Psychiatry
Chair of VCUHS Ethics Committee

Richard Sterling, MD, MSc
Professor and the Hepatology Endowed Chair
Department of Medicine
Chief, Hepatology Section
Division of Gastroenterology, Hepatology and Nutrition

Susan Wolver, MD, FACP
Associate Professor
Department of General Internal Medicine
Physician Informaticist
Obesity Medicine Specialist

VCU is an equal opportunity/affirmative action employer.
If special accommodations are needed, please contact us at (804) 828-3640.

Photo: Kevin E. Schindler
### COURSE DESCRIPTION

For more than a dozen years, the VCU School of Medicine has organized the Annual Alumni Update Course. Known for covering the latest issues in a broad range of fields, the program is designed for physicians in active practice as well as retired alumni who wish to stay current.

A new venue for 2017 will give attendees a chance to see the VCU Children's Pavilion that is the region's largest, most advanced outpatient facility dedicated to children. Opened in March 2016 on Broad Street between 10th and 11th streets, the 15-story facility brings under one roof nearly all the pediatric outpatient services provided by the Children's Hospital of Richmond at VCU.

Complimentary parking provides easy access for CME registrants and an optional tour at the end of the program will give attendees a first-hand view of the new space.

### REGISTRATION

The Annual Alumni Update Course is held in conjunction with Reunion Weekend. Registration fees are $75 for alumni attending Reunion Weekend or for Grand Alumni from Class Years 1966 and earlier, $125 for Alumni not attending Reunion Weekend, and $175 for Non-Alumni. Registration includes tuition, program materials, continental breakfast, morning break and lunch. The registration fee is non-refundable.

### ACCREDITATION and EDUCATIONAL CREDIT

**Physicians**

University Health Services Professional Education Programs (UHS-PEP) of Virginia Commonwealth University Health System is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UHS-PEP designates this live activity for a maximum of 5.25 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses**

ANCC and the Virginia Board of Nursing accept **AMA PRA Category 1 Credits™** from organizations accredited by the ACCME for your CNE contact hour requirements for recertification or re-licensure.

**Physician Assistants**

AAPA accepts certificates of participation for educational activities certified for **AMA PRA Category 1 Credits™** from organizations accredited by the ACCME or a recognized state medical society.

This continuing education activity meets the criteria of Virginia Commonwealth University and the Southern Association of Colleges and Schools. 0.5 CEUs will be awarded and recorded with the University.

### Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>AM</td>
<td>Registration and Continental Breakfast</td>
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<tr>
<td>7:15</td>
<td>Welcome and Announcements: Jerome Strauss III, MD, PhD</td>
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<tr>
<td></td>
<td>Susan Wolver, MD, FACP</td>
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<tr>
<td>8:00</td>
<td>Review consequences of the low-fat dietary guideline; describe and understand the evidence about low-fat diets compared to low-carbohydrate diets; apply concepts to learn how to help patients lose weight.</td>
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<tr>
<td>8:45</td>
<td>Restoring Joy in Practice: The Heart of Virginia Healthcare Initiative</td>
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<td></td>
<td>Anton Kuzel, MD, MHPE</td>
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<td>Explain the rationale for ensuring overall practice functional health before adding a quality improvement program; state three or four specific strategies for improving practice function and attention to cardiovascular risk factor identification and risk reduction.</td>
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<tr>
<td>9:30</td>
<td>Break</td>
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<tr>
<td>9:45</td>
<td>Evaluation and Treatment of Hepatitis C: The Future is Here in 2017</td>
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<td></td>
<td>Richard Sterling, MD, MSc</td>
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<td>Describe the epidemiology, burden, and evaluation of HCV; review the evaluation of those with HCV; explain the current treatment for HCV; summarize challenges of our current treatments for HCV.</td>
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<tr>
<td>10:30</td>
<td>Selected Cases from the VCUHS Ethics Committee: 1989 to 2016</td>
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<td>James Levenson, MD</td>
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<td>Apply ethical principles to resolved dilemmas in clinical practice; by learning about the functioning of ethics committees, providers can make use of them to help with complex difficult decisions.</td>
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<tr>
<td>11:15</td>
<td>ENT Office Emergencies</td>
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<td>Kelley Dodson, MD</td>
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<td>Develop and practice office based skills necessary to diagnose and remove foreign bodies from the pediatric ear or nose; treat epistaxis, and perform flexible upright laryngoscopy.</td>
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<tr>
<td>PM</td>
<td>Box Lunch</td>
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<tr>
<td>12:00</td>
<td>Box Lunch</td>
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<tr>
<td>12:35</td>
<td>Geriatric Fracture Update</td>
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<td>Steve Kates, MD</td>
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<td>Describe the best care model for geriatric fracture management; understand the need for post-fracture osteoporosis treatment.</td>
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<tr>
<td>1:20</td>
<td>Cervical Cancer and HPV: An Update on Screening and Prevention</td>
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<td>Nicole Karjane, MD</td>
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<td></td>
<td>Review the impact of HPV infection and its related disease; summarize and apply current cervical cancer screening guidelines to practice.</td>
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<tr>
<td>2:05</td>
<td>Adjourn</td>
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<tr>
<td>2:15</td>
<td>Optional Tour of the New VCU Children’s Pavilion</td>
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<tr>
<td>2:45</td>
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</tbody>
</table>
CONFERENCE SITE
MCV CAMPUS – CHILDREN’S PAVILION
Hotel Lodging: Omni Richmond Hotel

Conference Site: The VCU Children’s Pavilion is located at 1000 East Broad Street Richmond, Virginia 23219. The conference will take place in the 5th floor conference room.

PARKING IS COMPLIMENTARY: The Children’s Pavilion Garage opens at 6:30am and closes at 7:00pm. Park and take elevator to the Sky Lobby.
Self-Park: Enter the Children’s Pavilion on 10th Street at the Drop-Off and Self-Park Entrance. - Pull through the breezeway and take the ramp up to park in the garage.
Valet Service: Enter the Children’s Pavilion on 10th Street at the Valet Entrance. - Take the ramp down to the valet stand.
Drop-Off: Enter the Children’s Pavilion on 10th Street at the Drop-Off and Self-Park Entrance. - Pull through the breezeway and use the covered curb-free drop off area.

Lodging: If you plan to stay in town to celebrate Reunion Weekend, the Omni Richmond Hotel is located at 100 South 12th Street in Richmond, Virginia. The Omni Hotel phone number is (804) 344-7000. The cut off date to make hotel reservations at the discounted rate is March 17, 2017. The room rate is $171.00 for single or double occupancy and you must identify your reservation as being with the MCV Reunion Weekend.

COURSE REGISTRATION FORM - 15th Annual Alumni Update Course

Friday, April 7, 2017 at the Children’s Pavilion

MCV-33147-17  5.25

Attendance Fees:

$75.00 Alumni Attending Reunion
$75.00 Grand Alumni from Class Years 1966 or earlier
$125.00 Alumni Not Attending Reunion
$175.00 for those who are not Alumni

Yes  No Will Attend Optional Tour of the New VCU Children’s Pavilion

Please PRINT information as you would like it to appear on your name badge.

First Name_________________________ Last Name_________________________ Class Year______ Degree________

Mailing Address_________________________

City____________________ State______ Zip________________

(W) Telephone _______________________ (H) Telephone ______________________

Email Address (REQUIRED)_________________________

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[ ] MasterCard [ ] Visa [ ] Discover [ ] AMEX

Card #_________________________ EXP Date__________ Security Code________

Billing Address_________________________

City____________________ State______ Zip________________

REGISTER ONLINE - http://tinyurl.com/Alumni2017 - supported best by using Google Chrome