

# Registration details

## Registration

Three separate learning events for educators, mental health professionals, medical professionals and families across two days

**Register online:**  
[chrichmond.org/MentalHealth19](http://chrichmond.org/MentalHealth19)

Registrations for the professional sessions on October 4 and 5 are open now. Registration for the parent session (afternoon on October 5) will open in August.

## Accreditation and credit

### October 4

#### **Mental, behavioral health and education professionals session:**

Continuing Education (CE) credit will be available for all educational events (additional fees may apply). A certificate of attendance will also be provided to each attendee.

### October 5

#### **Physician/primary care provider session:**

VCU Health Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

VCU Health Continuing Medical Education designates this live activity for a maximum of 3.75 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Hotel accommodations

A hotel block is available at:  
Sleep Inn & Suites Harbour Pointe  
6451 Bayside Lane  
Midlothian, VA

Room reservations: [chrichmond.org/vtccsymposiumhotel](http://chrichmond.org/vtccsymposiumhotel)

## Questions

Contact Sherry Black at [sherry.w.black@vcuhealth.org](mailto:sherry.w.black@vcuhealth.org).



57th Annual Children's Mental Health Symposium

# Nurturing Resilience in the School-Aged Child

Featuring Robert Brooks, PhD

**October 4-5, 2019**

Thomas R. Fulghum Conference Center  
at Chesterfield Technical Center  
13900 Hull Street Road | Midlothian, VA 23112

**Presented by: Virginia Treatment Center for Children**  
**Presenting sponsor: Dominion Energy**



# Program schedule

## Friday, October 4

- 7:30 **Breakfast with vendors**
- 8:30 **Welcome**  
*Dr. Alexandria Lewis, executive director, VTCC*
- 8:45 **Keynote**  
**The Power of Mindsets: Nurturing Motivation and Resilience in School Aged Children**  
*Dr. Robert Brooks*
- 10:15 **Break**
- 10:30 **Keynote Part II**
- 11:45 **Lunch and School Panel (12:30 – 1:15)**  
*Moderator: John Richardson-Lauve*  
*Panelists: Regina Brown, Dr. Mervin Daugherty, Susan Droke, Jason Kamras*
- 1:30 **Breakout Sessions (choose one)**
- Can We Take Care of Students if We Don't Take Care of Ourselves?**  
*Dr. Robert Brooks*
- The ABCs of ADHD**  
*Dr. Neil Sonenklar*
- Trauma Informed Care in the Commonwealth of Virginia**  
*Emily Griffey*
- 3:30 **Adjourn**

## Program sponsors

We gratefully acknowledge our school planning partners from Chesterfield, Richmond, Henrico, Hanover, Hopewell and Collegiate School, as well as the following sponsors for their support.

Presenting sponsor:



## Saturday, October 5

### Morning CME event for physicians and nurses

- 7:30 **Registration and breakfast**
- 7:50 **Welcome**  
*Dr. Alexandria Lewis, executive director, VTCC*  
*Dr. Sandy Chung, president, Virginia Chapter, AAP*
- 8 **Nurturing Resilience in Children: Counseling Strategies for Primary Care Medical Providers**  
*Dr. Robert Brooks*
- 10:15 **Break**
- 10:30 **Nurturing Resilience in Children Part II**
- 12 **Adjourn**

### Afternoon education event for parents (FREE) from 1 – 3 p.m.

#### Raising Resilient Children

*Dr. Robert Brooks*

On-site child care will be available thanks to the Virginia Treatment Center for Children's Advisory Council. Preregistration is required.

## Program faculty

Featuring **Robert Brooks, PhD**, clinical psychologist and faculty member from Harvard Medical School who presents internationally on the topics of motivation, resilience and relationships ([drrobertbrooks.com](http://drrobertbrooks.com)).

### Regina Brown

Director of school counseling, Henrico Public Schools

### Mervin Daugherty, EdD

Superintendent, Chesterfield Public Schools

### Susan Droke, MEd

Chief academic officer, Collegiate School

### Emily Griffey, MPP

Policy director, Voices for Virginia's Children

### Jason Kamras, MEd

Superintendent, Richmond Public Schools

### John Richardson-Lauve, LCSW

ChildSavers

### Neil Sonenklar, MD

Child and adolescent psychiatrist, Children's Hospital of Richmond at VCU